



OAK LEAF

March 2022

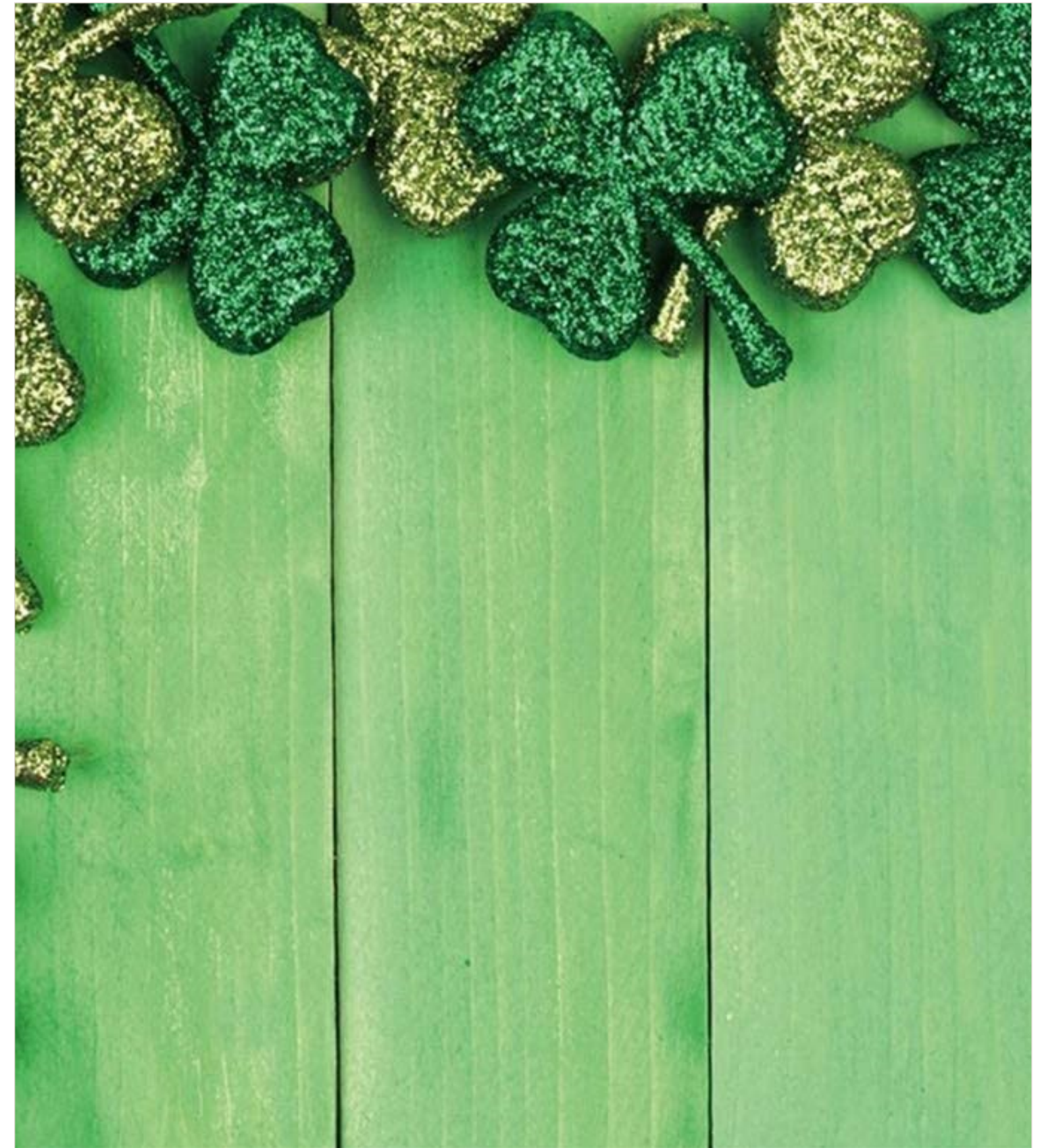
MARCH BIRTHDAYS

March 8th: Paul Baker

March 30th: Carole Kozlowski

March 30th: Mary Frances Legin

March 30th: Michael Verghies



ADMINISTRATOR..... JAY WHARTON
DIRECTOR OF OPERATIONS..... SEAN GRESS
DIRECTOR OF NURSING..... MARY KAY GEORGE
DIETARY DIRECTOR..... ZACH KONOPKA
PROGRAM DIRECTOR..... ALEX ABDALLA
MARKETING DIRECTOR..... CHRIS KUNST
BUSINESS OFFICE MANAGER..... PATTY LARSON
SECURITY MANAGER..... TROY TAYLOR
CHAPLAIN..... INGRID KALCHTHALER

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Puzzle Pages

March Events

Mardi Gras Trivia: March 1st at 11

Spring Craft: March 8th at 11

Spring Tea Party: March 22nd at 2

Painting : March 26th at 2

Food Meeting: March 25th at 10:30

Spoons: March 11th at 11

Grief Group: March 31st at 11

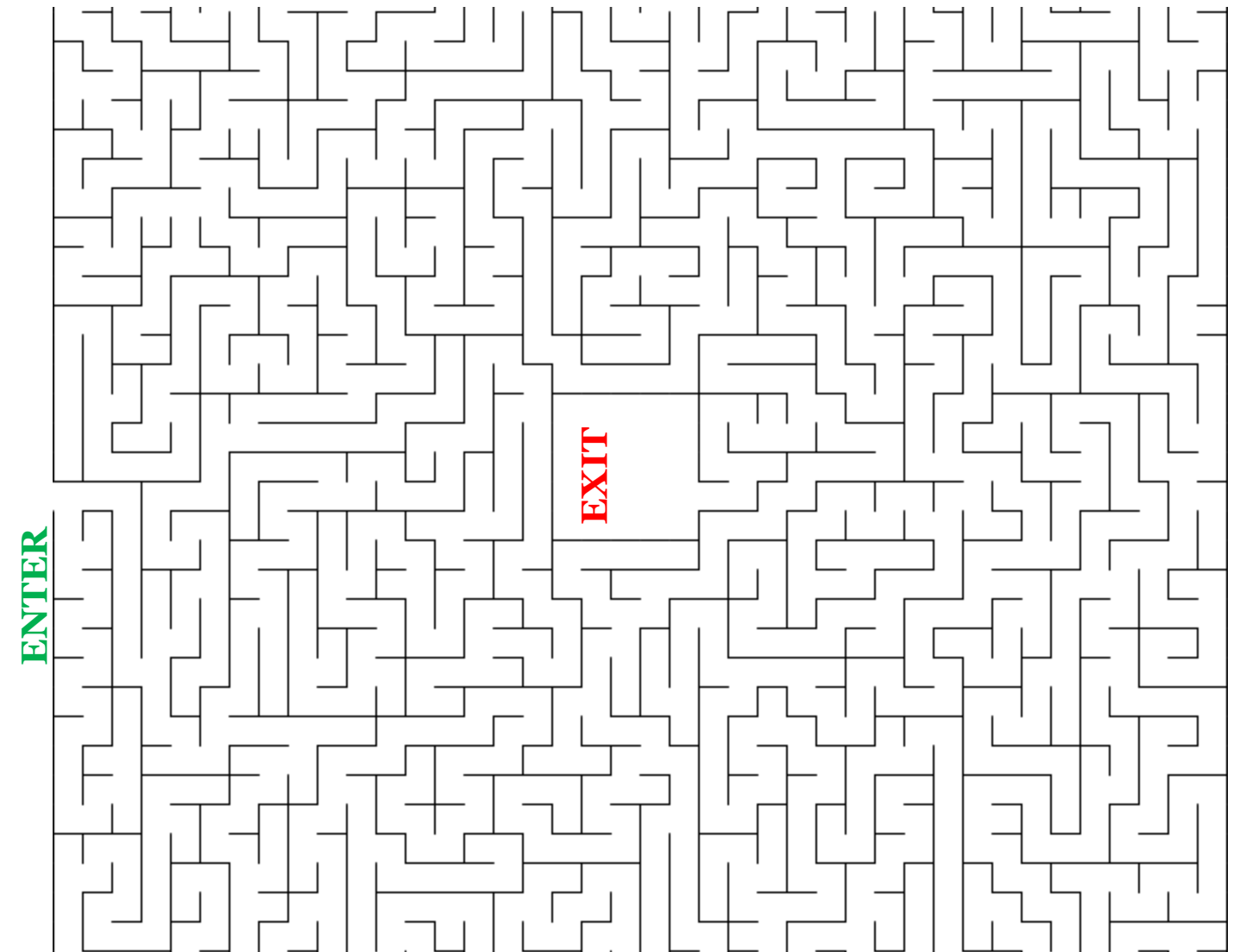
Baking: March 17th at 11

Cornhole: March 12th at 11



Puzzle Pages

THE MAZE



CRYPTOGRAM

B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y
						9							23				7						

I P P S P S
 20 23 23 6 7 4 23 20 4 2 24 26 21 7 11 20 6

Puzzle Pages

WORD SEARCH

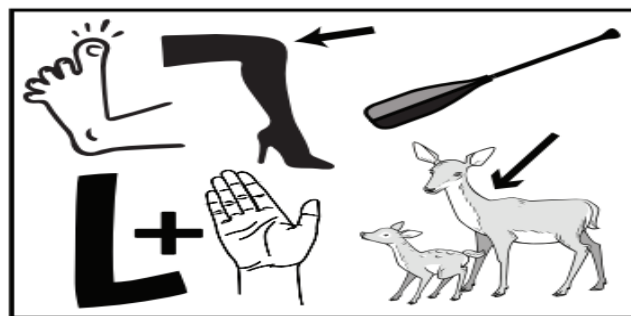
G A H N Z M A S
 I R E N R N H N
 B S E T U A Z S
 U P U E M E T P
 J V V R N U F R
 S S O M H F D I
 W C F D G Q B N
 K R E V O L C G

SPRING CLOVER GREEN TEA
 SHAMROCK

MATH SQUARE

	-	-	4	-8
x		-	+	
1	x	-		-3
-		x	÷	
	+		+	17
-3		-38		8

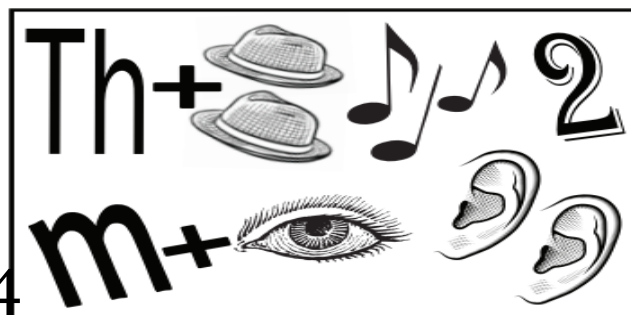
CONCENTRATION PUZZLE



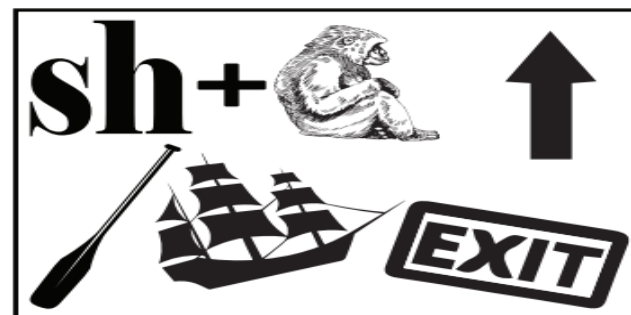
Puzzle #1



Puzzle #2



Puzzle #3



Puzzle #4

NEW RESIDENTS



Carl Vitti



Kimberly Britton



Jacqueline Kushner

St. Patrick's Day Party

Thursday, March 17th at 2:00

Activity Room

Join us for fantastic St. Patrick's Day Party! There will be games, prizes, food, and drinks!

Chris' Corner

Happy March everyone!

I want to take this opportunity to re-introduce myself. My name is Chris and I'm Fair Oak's new director of marketing and admissions. A little bit about me. I oversee the move-in process and help families navigate the twists and turns of moving their loved one into a senior community. I also oversee all of our marketing initiatives both internally and externally.

I'm happy to announce that Fair Oaks is now a member of the South Hills Chamber of Commerce. We're looking forward to doing a lot of joint events together with them. We are now running some of our newly designed marketing ADs here in the community. We placed an AD in this year's Spring and Fall CHABAD Jewish magazine.

We are also sponsoring this year's 2022 Healthcare Professional's Conference. This will be put on by Julian Gray Associates as a full-day educational and networking event to the Western Pennsylvania region.

We are also looking to extend our hand into the community and bring closer relationships to all of our healthcare partners, social workers, nurses, and placement agents, etc. This month will be a busy one for us as we will be celebrating National Nutrition Day (March 1st), American Diabetes Day (March 22nd) and of course St. Patrick's Day (March 17th).

We have updated and implemented a new look and feel to our social media outlets. Please be sure to check out our Facebook, Twitter and Instagram accounts to stay informed.

Thank you to all who make our community great!

Mardi Gras Party

ACTIVITY ROOM

Tuesday, March 1st at 2:00

Join us for a traditional Mardi Gras Party!

There will be a ton of food and fun music!

Rev. Ing's Things

Dear Ones,

For many Christians, March 2 is the day the season of Lent begins, known as Ash Wednesday. In many western Christian churches Lent is the period of time from Ash Wednesday, through Holy Saturday, the day before Easter. Lenten practices and devotions vary from denomination to denomination, some Christians do not observe it at all. Lent is not talked about in the Bible and so the practices we observe during this time come from adaptations of Jewish observances and early Christian tradition. One commonality among Lenten practices is fasting or abstaining from something we commonly eat or do during the rest of the year. Has someone ever asked you, "What are you giving up for Lent?" The thought behind this is so that we might practice self-discipline, prepare our whole selves in a special way to connect more deeply with our God. Lenten practices also include meditating more, praying more, engaging in acts of charity, and the like. Lent is a journey, slowing down, being where we are, moving step by step, breath by breath, with Jesus. I have a suggestion for this Lenten season. Perhaps we can "give up" being hard on ourselves and one another? Perhaps we can "give up" trying to be perfect and expecting perfection from others? Can we give up guilt and regret and anger and put our whole selves into the loving, mighty, and gracious hands of God? Can we try, day by day to turn over any control we try to take, any burden we carry, and trust that God will see us through? I look forward to this Lenten journey with you, my siblings in Christ. Please join us for a special Ash Wednesday service on Wednesday, March 2 at 3:30 pm in the chapel, in lieu of Bible Study. Every Sunday we gather at 1:30 pm for prayers and the hearing of God's word. All are welcome, Methodists, Episcopalians, Lutherans, Catholics, wacky Presbyterians like me! We who are long-time believers, we who are wondering, we who question, we who seek. Our dear friend Pasty Joyce came to chapel a few times in the past few months. Every time she came she would laugh and smile and say, "Well, you know, I'm Catholic. Can I still come?" It became a joke between us because I would reply the same way: "Miss Patsy, are you a beautiful child of God?" She would smile and nod her head with affirmation and I would say, "Then this service is just for you!" We are all God's beautiful children! Keep reminding yourself and one another!

And I almost forgot, our movie of the month will be Bruce Almighty, down in the Activities Room, on March 25 at 6:00 pm. I hope to see you soon!

Love Pastor Ing

Active Alex

Hi everyone!

Happy almost spring! I wanted to remind everyone that this month we have a ton of fun activities going on and that participation is always appreciated and encouraged! We did the activities survey last month and have tried to bring some of your feedback to this month's calendar. As always if there is any other content you would like to see please feel free to reach out to me or Liz. We have a couple outings coming up that have a limited number of spots. Make sure you are in the dining room a couple of weeks before so you can sign up with me when I come around!

On another note, due to recent price increases we will be raising prices in the country store from \$1 to \$2. We have tried to maintain prices for as long as possible, but without a price increase we will be unable to continue to bring you the things you enjoy! Please let me know if there is anything specific you would like to see in the store so I can make sure to include it when I go shopping.

I look forward to the coming warmer months and to bringing you the activity content you all enjoy!

Best,

Alex

Heinz History Outing

Wednesday, March 23rd at 10:00

Sign up with Alex in the Dining Room to go to Heinz History Center! Tickets are \$20

Jay's Journal

Happy March!

I just wanted to hop on here to let everyone know that on Saturday March 26th, Reverend Ing has been kind enough to offer a tech. class for residents and their families.

I know a lot of you have tablets, phones, Alexa's etc. that your families have brought in to make communication easier, but that can sometimes be confusing and has other features that you would like to access but don't know how. Ing will be going over some basics for those devices and teaching you how they can best be used.

Make sure to bring your device to the class and maybe a list of questions so that there can be hands on learning!

Thanks Ing for taking on some tech support for me!

Zach's Snacks

Hey everyone,!

In light of spring and beginning a new, at the beginning of this month I will be sending out a dietary survey to get a better idea of what everyone likes and dislikes on the menu!

I will use the survey results to create a menu that is better catered to what you guys like to eat and I will be getting rid of the things you don't like.

I will be discussing the survey results at my food meeting on Friday, March 25th so please make sure you attend to hear about the upcoming menu changes.

As always if you have any questions or concerns feel free to reach out to me!

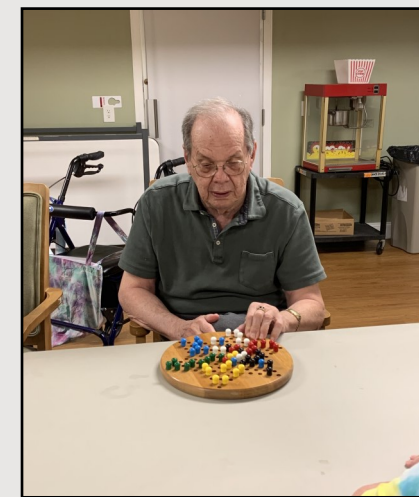
Happy dining!

Target Shopping Trip

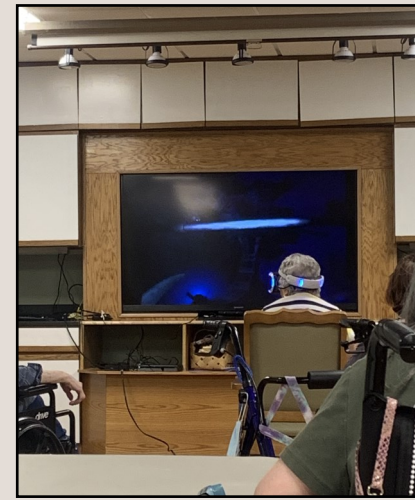
Thursday, March 10th at 12:30

Sign up with Alex in the Dining Room to go on a Target shopping trip!

AROUND FAIR OAKS



AROUND FAIR OAKS



SUN	MON	TUE	WED	THUR	FRI	SAT
		9:00 The Country Store 11:00 Resident Round Table (AR) 2:00 Day at the Races (AR) 2:00 Mardi Gras Party (AR)	1 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Scrabble (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR) 6:00 Fair Oaks Movie Theater (AR)	2 9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Manicures (AR) 2:00 Matinee (AR) 6:00 Thursday Night Live with Ron Bickel (AR)	3 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Painting (LLL) 2:00 BINGO (AR) 3:00 Happy Hour (LLL)	4 10:30 Pet Therapy (AR) 11:00 Poker Game (LLL) 2:00 Knitting (AR) 3:00 Frankie Drake Mysteries: TV Series (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH)	6 9:00 The Country Store 10:00 Music and Motion (AR) 12:00 Lunchtime Show with John Sarkis (DR) 1:30 Rosary (CH) 2:00 BINGO (AR)	7 9:00 The Country Store 10:00 Creative Crafts (Craft Room) 2:00 Crazy Bingo (AR) 3:00 Happy Hour (LLL)	8 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 UNO (LLL) 2:00 BINGO (AR) 3:30 Bible Study (AR) 6:00 Fair Oaks Movie Theater (AR)	9 9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Jewelry Making (AR) 12:30 Target Trip (South Hills Village Target) 2:00 Matinee (AR) 6:00 Thursday Night Live with Renewed Memories (AR)	10 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Card Games: Spoons (LLL) 1:30 Mass with Father Bachner (CH) 2:00 BINGO (AR) 3:00 Happy Hour (LLL)	11 11:00 Cornhole (AR) 2:00 Board Games (AR) 3:00 Frankie Drake Mysteries: TV Series (AR)
<i>Daylight Savings Time Begins</i> 11:30 Catholic Communion (CH) 1:30 Chapel Service (CH)	13 9:00 The Country Store 10:00 Music and Motion (AR) 1:30 Rosary (CH) 2:00 BINGO (AR)	14 9:00 The Country Store 10:00 Dominoes (AR) 2:00 Day at the Races (AR) 3:00 Happy Hour (LLL)	15 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Tie Dying (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR) 6:00 Fair Oaks Movie Theater (AR)	16 St. Patrick's Day 9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Baking (AR) 2:00 St. Patrick's Day Party (AR)	17 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Dualingo (AR) 2:00 BINGO (AR) 3:00 Happy Hour (LLL)	18 11:00 Dominoes (AR) 2:00 Painting (LLL) 3:00 Frankie Drake Mysteries: TV Series (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH)	20 9:00 The Country Store 10:00 Music and Motion (AR) 1:30 Rosary (CH) 2:00 BINGO (AR)	21 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Baking (AR) 2:00 Spring Tea Party (AR)	22 9:00 The Country Store 10:00 Music and Motion (AR) 10:15 Heinz History Center Outing (Heinz History Center) 11:00 Documentary Day (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR) 6:00 Fair Oaks Movie Theater (AR)	23 9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Manicures (AR) 2:00 Jewelry Making (AR) 6:00 Thursday Night Live with Tom Allan (AR)	24 9:00 The Country Store 10:00 Music and Motion (AR) 1:30 Mass with Father Bachner (CH) 2:00 BINGO (AR) 3:00 Happy Hour (LLL)	25 11:00 Cooking Class (AR) 2:00 Tech. Class with Ing (AR) 3:00 Frankie Drake Mysteries: TV Series (AR) 6:00 Flicks and Faith: God in Movies (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH)	27 9:00 The Country Store 10:00 Music and Motion (AR) 1:30 Rosary (CH) 2:00 BINGO (AR)	28 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Wii Games: Bowling (AR) 2:00 Crazy Bingo (AR) 3:00 Happy Hour (LLL)	29 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Chinese Checkers (LLL) 2:00 BINGO (AR) 3:30 Bible Study (AR) 6:00 Fair Oaks Movie Theater (AR)	30 9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Grief Group (AR) 2:00 Monthly Birthday Party (AR) 6:00 Thursday Night Live with Bill Jander (AR)	31 LOCATION KEY AR - Activity Room CH - Chapel DR - Dining Room LLL - Lazy Lemon Lounge	

March 2022

Fair Oaks

