

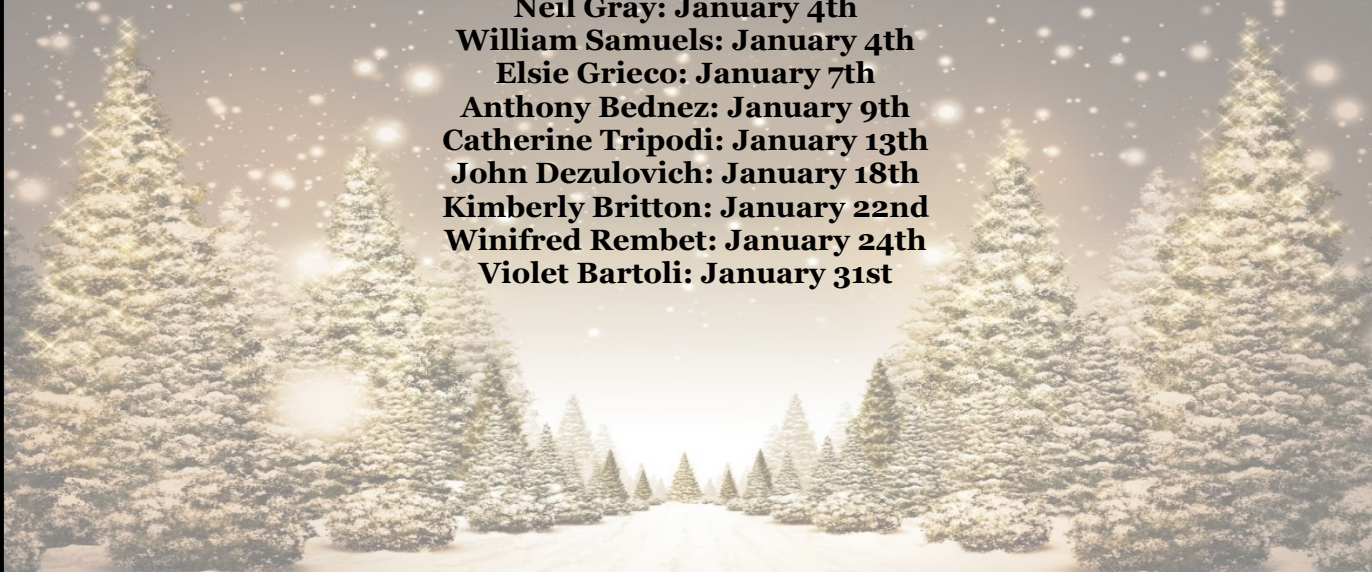


OAK LEAF

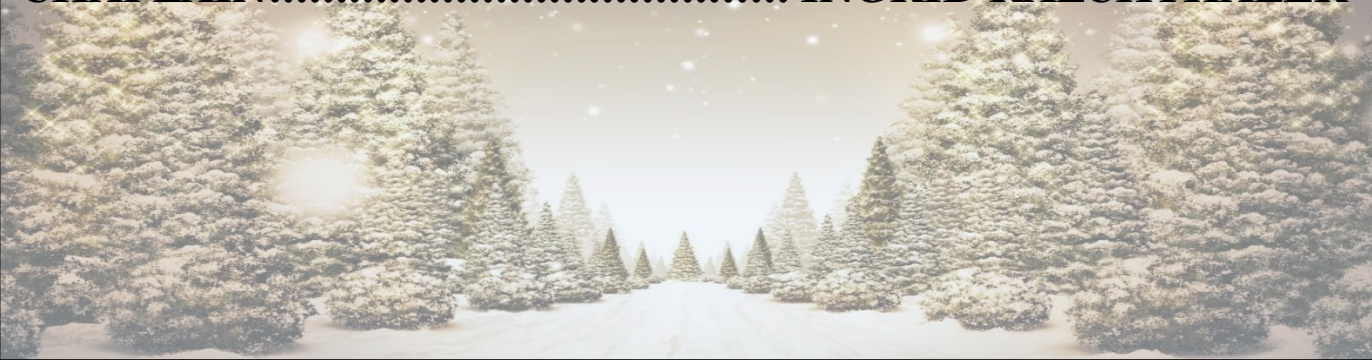
January 2023

JANUARY BIRTHDAYS

Russel Soliday: January 2nd
Helen Brown: January 2nd
Patrick Le: January 3rd
Neil Gray: January 4th
William Samuels: January 4th
Elsie Grieco: January 7th
Anthony Bednez: January 9th
Catherine Tripodi: January 13th
John Dezulovich: January 18th
Kimberly Britton: January 22nd
Winifred Rembet: January 24th
Violet Bartoli: January 31st



ADMINISTRATOR..... KATHY CLARK
DIRECTOR OF RESIDENT CARE.....JACKIE DELLEDONNE
DIETARY DIRECTOR..... ZACH KONOPKA
ACTIVITIES DIRECTOR.....LIZ MAGNELLI
MARKETING DIRECTOR..... CHRIS KUNST
SECURITY MANAGER..... TROY TAYLOR
CHAPLAIN..... INGRID KALCHTHALER



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Event Promo

January Events

Music and Motion: Every Monday, Wednesday, and Friday at 10:00

Bingo: Every Monday, Wednesday, and Friday at 2:00

Birthday Party: Tuesday January 31st at 2:00

Happy Hour: Every Tuesday at 3:30

Sing a Long with Betsy: Thursday January 26th at 2:00

Monthly TV Series: Every Friday at 3:30

Morning News: Every Thursday at 10:00

Bible Study: Every Wednesday at 3:30



Meet Your Administrator

Kathy Clark

January 11th, 2023

6:00PM

Activity Room



RSVP

liz@fair-oaks.com

Applebee's Lunch Outing
Tuesday January 10th @ 11:30
Join Liz on a fun lunch outing to
Applebee's!

RESIDENT MEMORIALS



Nick Atria

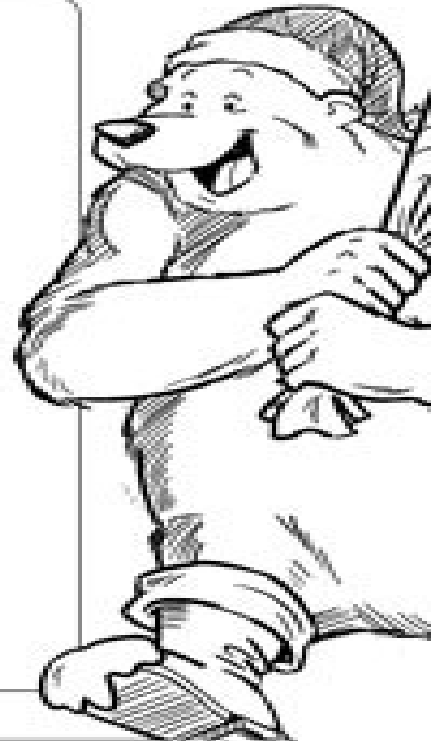


Sue Geran

Winter Word Search



R Y P W G N U Q H A K K U N A H
 K N R C M Y C V B A L Z U A Y F
 A E E N E A Z G V A T N A S R J
 N W E W W D M I T T E N S O A A
 F Y D A V I J S X V N F S L U N
 R E N P B L H B M I D T S B R U
 S A I H N O C G R I U L S L B A
 N R E K Y H T S I E F J C N E R
 O S R N X P X L A E B A P L F Y
 W H W I N T E R L M L M O H V B
 M S C A R F R I V A T S E C B N
 A Z Y E I G P T G O B S O C O I
 N R Q R C F G W C M J W I O E C
 M C O L D I Z E Q B M T O R S D
 V A C A T I O N T R N Q C N H B
 Z V Q N N F A R A S W U F X S C



WINTER
 SNOWBALL
 CHRISTMAS
 HOLIDAY
 HANUKKAH
 ICE
 COLD

SNOWMAN
 VACATION
 DECEMBER
 JANUARY
 SCARF
 SLEIGH
 FROST

NEW YEARS
 COCOA
 SANTA
 MITTENS
 FEBRUARY
 REINDEER

Tim's Printables; www.timvandevall.com

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Movie Theatre Outing

Tuesday January 17th @12:00

Sign up with Liz to go see a the movie
Man Called Otto, starring Tom Hanks!

Thrift Shopping Outing

Tuesday January 24th @10:00

Sign up with Liz to go on a thrift
 shopping trip to our local thrift store!

Zach's Snacks

Each New Year's, revelers around the world chow down on specific foods to summon good luck for the next 365 days. While some traditions call for noodles and others call for fruit, all the edibles connote forward movement, prosperity and health.

In China, Japan and other Asian countries, it's customary to eat long noodles, signify longevity, on New Year's Day. Noodles are never to be broken or shortened during the cooking process.

A favorite throughout the year, in the southern United States is cornbread; its color resembles that of gold. To ensure extra luck, some people add extra corn kernels, which are emblematic of golden nuggets.

Pomegranates represent good luck in Turkey. Their red color represents the human heart, denotes life and fertility; their medicinal properties represent health; and their abundant, round seeds represent prosperity

Though the number of pieces varies by region, eating any round fruit is a common New Year's tradition. Their shape, which looks like a coin, and their sweetness are the common denominators.

Americans eat green leafy veggies like kale, collards and spinach—on New Year's Day because of their color and appearance, which resembles paper cash. Belief has it, the more you eat, and the more prosperous you'll be.

The Chinese word for "fish" sounds like the word for "abundance," one of the many reasons fish has become a go-to good luck food. The fish is served with the head and tail intact to ensure a good year, from start to finish.

In many countries, including Cuba, Spain, Portugal, Hungary and Austria, pigs symbolize progress. Because these animals never move backward, while others believe it's all in their feeding habits. They push their snouts forward along the ground when rooting for food).

Legumes are a popular New Year's food in Italy, Legume's greenish color and coin-like appearance represent money. When cooked, lentils plump with water, symbolizing growing wealth. Lentils are also considered good luck in Hungary, where they're preferred in a soup.

This year, in this place, eat happy and healthy for a prosperous new year.

Origami Making

Tuesday January 3rd

Join Liz to learn how to make some fun
Origami Art!

Rev. Ing's Things

Dear Ones,

Recently I learned of a tradition that has been around for a few decades and is really picking up steam. Have you heard of Star Words? At first, I thought, "Yeah...that's the whole thing with R2D2 and Luke Skywalker and that Darth Vader guy, right?" but no, I reminded myself, Star WORDS, not Star WARS!

It takes place the first week of the new year, during the Church season of Epiphany. The Presbyterian Church (USA) does a much better job of explaining Epiphany here: "Epiphany is the celebration of God's manifestation or self-revelation to the world in Jesus Christ. In particular, we celebrate the revelation of God's promise and purpose to the nations of the world, as the magi came from the East to worship to the Christ child, and God's covenant of grace is extended to all who believe the good news of Christ Jesus. The symbolism of light is important: not only because of the star that guided the magi, but as it relates to the bright dawning of God's self-revelation in Christ."

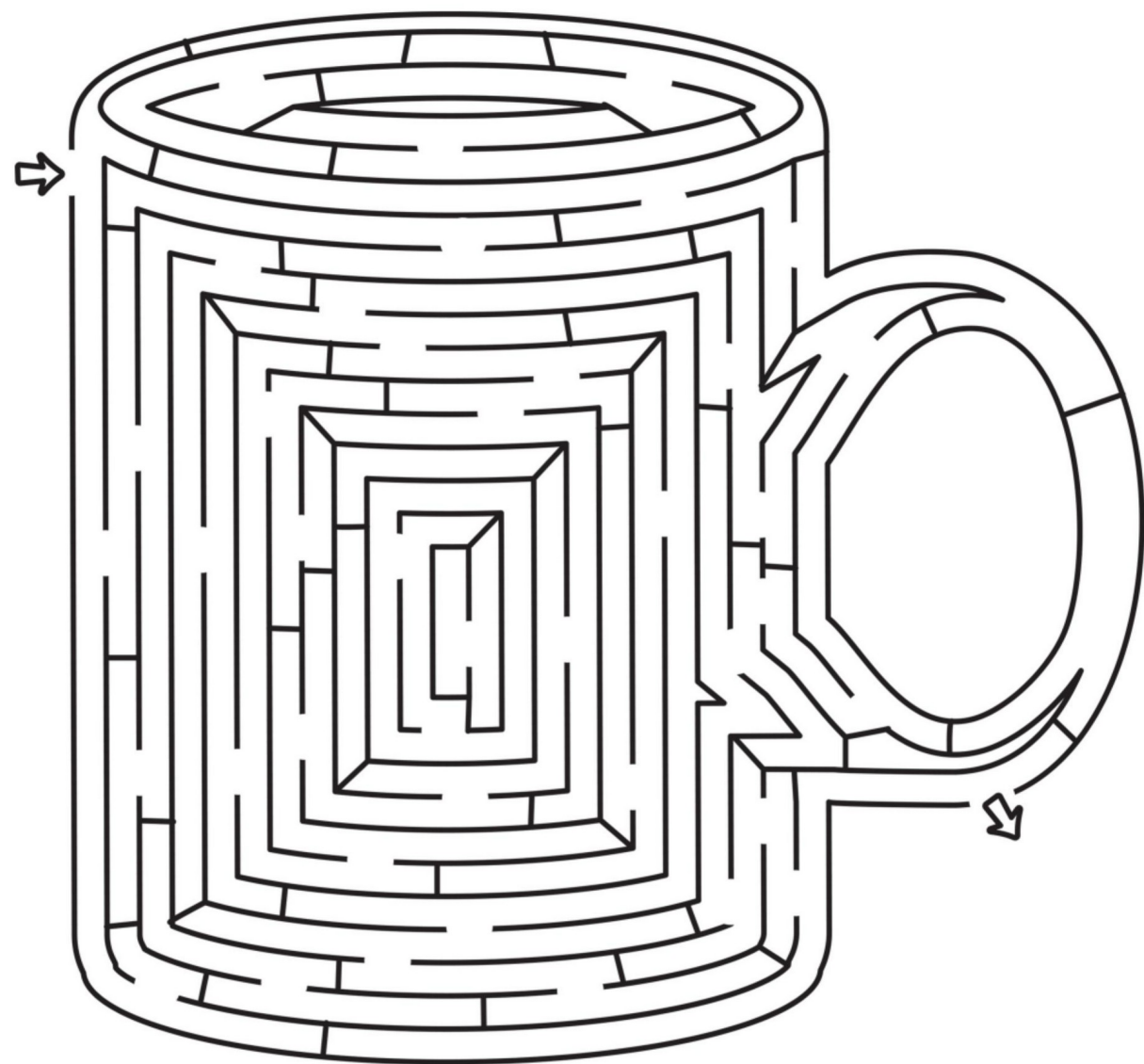
Many churches pass out "Star Words," star-shaped pieces of paper with a single word or phrase, words such as "Be," "Pray," "Listen," "Glow," "Tenderness," and "Forgiveness." The thought is that the Holy Spirit can use this word to guide one through the new year. A Presbyterian church in New Jersey made a massive list of words available online, so I made some stars for my friends at the library. My friend Kathy received "Share" as her word, another got "Heal," my boss drew "Wisdom," and I pulled "Draw Near." I am looking forward to ways in which God will make this concept more clear to me this year, praying for guidance and waiting to see where God leads me!

I have a bunch of them with me; if you want a Star Word, just let me know! I will also have them in chapel, where all are invited, every Sunday at 1:30 pm. Likewise, with Bible Study down in the Activities Room at 3:30 pm on Wednesdays, we'd love for you to come!

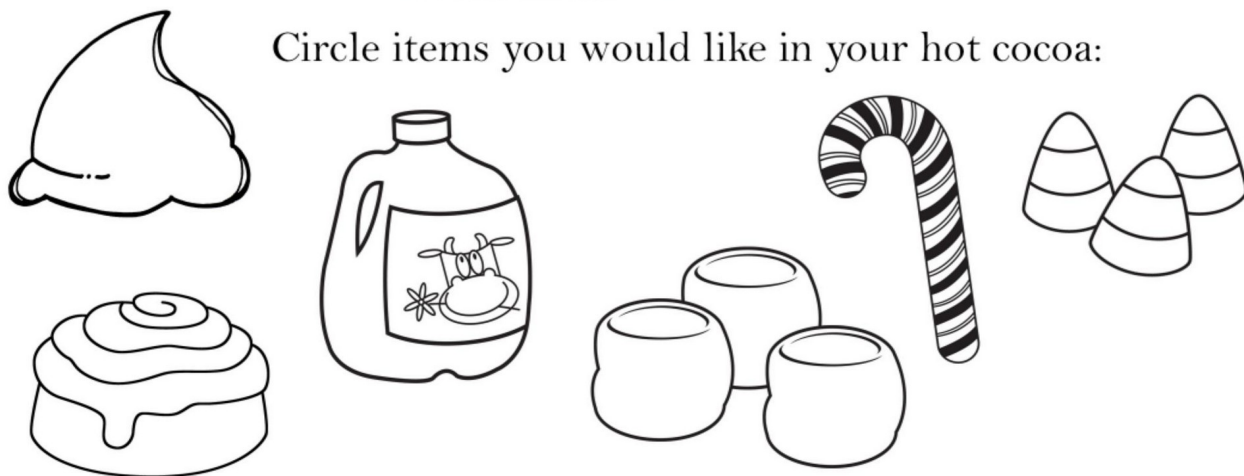
I look forward to seeing where the Spirit leads us this new year! I know it will be beautiful, with all of you!

Love,
Pastor Ingrid

Hot Cocoa Maze



Circle items you would like in your hot cocoa:



Kathy's Corner

Hi! My name is Kathy Clark. I'm the new administrator at Fair Oaks.

I have been in the medical field all my life. I have been an administrator for many years and a Registered Nurse for even more! I live in Claysville on 11 acres. I love the country setting, it is very peaceful.

It is a pleasure to be here with you. When you see me you'll see a little white furry thing following me around, and that is Dash! He is my buddy and he is also excited to be at Fair Oaks with you all!

Everyone including Fair Oaks friends, family, and residents are welcome to come to my Meet and Greet on January 11th at 6:00PM in the Activity Room. I will answer any questions that you have and am excited to meet you all!

Liz's Leisure's

Hello Everyone,
Happy New Year! At Fair Oaks we are welcoming 2023 with excitement to see what this new year will bring us.

This month I am putting out an Activity Survey so that residents and family can easily access and provide their feedback into the activities that go on at Fair Oaks and give me their feedback! Surveys will be placed in each residents mailbox and there will be extras at the front desk for any family members who would like to participate.

Next month we are looking to create a Resident Recipe Book! Residents and their family members are welcome to email me at liz@fair-oaks.com or share a copy of their favorite recipes that they used to make at home to help add to our Recipe Book.

AROUND FAIR OAKS



AROUND FAIR OAKS



AROUND FAIR OAKS



AROUND FAIR OAKS

SUN	MON	TUE	WED	THUR	FRI	SAT
New Year's Day 11:30 Catholic Communion (CH) 1:30 Chapel Service (CH) 2:00 Crazy Bingo (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Creative Crafts (LLL) 12:00 Lunchtime Show with John Sarkis (DR) 1:30 Rosary (CH) 2:00 BINGO (AR)	9:00 The Country Store 11:00 Dominoes (AR) 2:00 Origami (LLL) 3:30 Happy Hour (LLL)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Cornhole (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR)	9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Manicures (AR) 2:00 Matinee (AR) 6:00 Thursday Night Live with Music (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 10:00 UNO (LLL) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Scrabble (AR) 2:00 Jigsaw Puzzle (LLL) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH) 2:00 Painting (LLL)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Creative Crafts (LLL) 1:30 Rosary (CH) 2:00 BINGO (AR)	9:00 The Country Store 11:30 Applebee's Lunch Outing (Applebee's) 2:00 Brain Health Presentation: Pitt University (AR) 3:30 Happy Hour (LLL)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Wii Games: Bowling (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR) 6:00 Meet Your New Administrator (AR)	9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Tie Dying (AR) 2:00 Jewelry (AR) 6:00 Thursday Night Live with Music (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Card Games: Rummy (LLL) 1:30 Mass with Father Bachner (CH) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Card Games: Spoons (LLL) 2:00 Board Games (AR) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH) 2:00 Crazy Bingo (AR)	Martin Luther King Jr. Day 9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Creative Crafts (LLL) 12:00 Lunchtime show with Tracy Lee (DR) 1:30 Rosary (CH) 2:00 BINGO (AR)	9:00 The Country Store 12:00 Movie Theatre Outing (AMC Movie Theatre) 3:30 Happy Hour (LLL)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Scrabble (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR)	9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Manicures (AR) 2:00 Day at the Races (AR) 6:00 Thursday Night Live with Music (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Creative Crafts (LLL) 1:30 Monthly Food Meeting (LLL) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Dominoes (AR) 11:00 Painting (LLL) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH) 2:00 Trivia (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Creative Crafts (LLL) 1:30 Rosary (CH) 2:00 BINGO (AR)	9:00 The Country Store 10:00 Shopping Trip 2:00 Chinese Checkers (AR) 3:30 Happy Hour (LLL)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Mini Golf (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR)	9:00 The Country Store 10:00 Thursday Morning News (AR) 11:00 Grief Group (AR) 2:00 Sing a Long with Betsy (AR) 6:00 Thursday Night Live with Music (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Duolingo (AR) 1:30 Mass with Father Bachner (CH) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Volleyball (AR) 2:00 UNO (LLL) 3:00 Matinee (AR) 6:00 Flicks and Faith: God in Movies (AR)
11:30 Catholic Communion (CH) 1:30 Chapel Service (CH) 2:00 Crazy Bingo (AR)	9:00 The Country Store 10:00 Music and Motion (AR) 11:00 Creative Crafts (LLL) 1:30 Rosary (CH) 2:00 BINGO (AR)	9:00 The Country Store 11:00 Poker Game (LLL) 2:00 Monthly Birthday Party (AR) 3:30 Happy Hour (LLL)	LOCATION KEY AR - Activity Room CH - Chapel DR - Dining Room LLL - Lazy Lemon Lounge			

January 2023

Fair Oaks

