



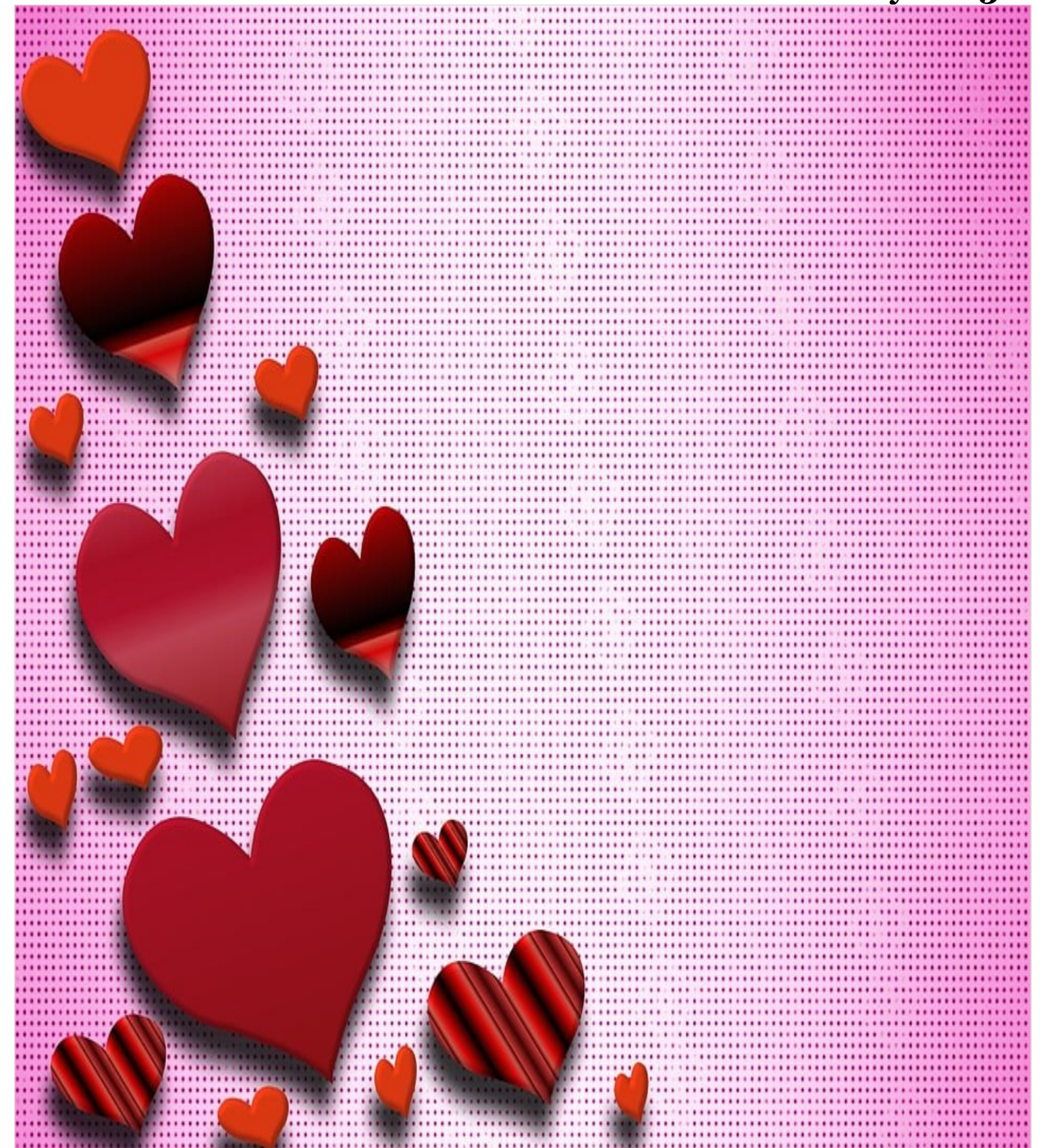
# OAK LEAF

February 2023

## FEBRUARY BIRTHDAYS

**Joseph Gerlach: February 2nd**  
**Jerry Cavalovitch: February 16th**

**ADMINISTRATOR..... KATHY CLARK**  
**DIRECTOR OF RESIDENT CARE.....JACKIE DELLEDONNE**  
**DIETARY DIRECTOR..... ZACH KONOPKA**  
**ACTIVITIES DIRECTOR.....LIZ MAGNELLI**  
**MARKETING DIRECTOR..... CHRIS KUNST**  
**SECURITY MANAGER..... TROY TAYLOR**  
**CHAPLAIN..... INGRID KALCHTHALER**





# Inside

Announcements

- PAGE 4  
Zach's Snacks
- PAGE 5  
Kathy's Corner  
Liz's Leisure's
- PAGE 6-7  
Around Fair Oaks
- PAGE 8-9  
Monthly Calendar
- PAGE 10-11  
Around Fair Oaks
- PAGE 12  
Event Promo
- PAGE 13  
Rev. Ing's Things
- PAGE 14  
Resident Memorials
- PAGE 15  
Word Puzzle

# February Events

- Music and Motion: Every Monday, Wednesday, and Friday at 10:00
- Bingo: Every Monday, Wednesday, and Friday at 2:00
- Birthday Party: Tuesday February 28th at 2:00
- Happy Hour: Every Tuesday at 3:30
- Sing a Long with Betsy: Thursday 's at 2:00
- Monthly TV Series: Every Friday at 3:30
- Morning News: Every Thursday at 10:00
- Bible Study: Every Wednesday at 3:30



Name: \_\_\_\_\_

Date: \_\_\_\_\_



## Valentine's Day Word Search Puzzle



```

a g l o m l s k h x q y g a b r
m p r e b o i a b o a r r o w v
i j p a r v a g j k e s x m c a
k d e r t e o f c s p i n k o l
x l l h e e g d h o y u a h u e
f l m i z c f s e e o b s e p n
e p n n d e i u n v d n r a l t
b s r w a u x a l n o d b r e i
r s l o r e d p t n o t t t s n
u q o g n o l q v i n b i m m e
a m d z c u p i d x o n w o v s
r q o d t f n l v l x n o k n b
y u r e s p e c t m c j x y u m
c v v y q p w n w p c a n d y m
s g j b f v h s p e c i a l n d
w b a a a d m i r a t i o n p a

```

Find these words

arrow  
love  
pink  
devotion  
February



red  
grateful  
cupid  
candy  
appreciation

valentines  
admiration  
couples  
special  
respect  
heart



(The words may be hidden vertically, horizontally or diagonally.)

**Armstrong's Lunch Outing**  
**Thursday February 16th**  
**Sign up with Liz to go on an outing to**  
**Armstrong's in Caste Village!**





# RESIDENT MEMORIALS



Mary Defelice



Dolores Mullen

# NEW RESIDENTS



Donna Dapprich



Robert Bronder

**The Rivers Casino Outing**  
**Thursday February 9th @12:00**  
**Sign up with Liz to go to The Rivers Casino!**

**Valentine's Day Party**  
**Tuesday February 14th @2:00**  
**Join us in the Activity Room to celebrate Valentine's Day with a Tea Party!**



## Zach's Snacks

February has long been known for romance, the color red and red roses. However, this February I would like you to think about the color orange and oranges. Contrary to what most of us think this fruit as not named for its color. Instead, the word orange comes from the Tamil Nauru, meaning fragrant. It's thought that the reason oranges have long been associated with fertility (and therefore, weddings) is because this lush green tree can simultaneously produce flowers, fruit and foliage. Color isn't necessarily an indicator of quality in an orange. Brown spots on the skin indicate a good quality orange. Pick a sweet orange by examining the navel. Choose one with the biggest hole. The bigger the navel the sweeter it will be. The orange peel is an excellent insect repellent and is used in furniture polish. After chocolate and vanilla, orange is the worlds favorite flavor. The orange blossom is a most widely accepted symbol of love.

In Greek mythology oranges were often referred to as "the golden apples" that Hercules stole. Christopher Columbus brought the first orange seeds and seedlings to the new world on his second voyage in 1493. Nutritionally speaking you will have to eat seven cups of cornflakes to get the same amount of fiber you would get in one medium orange. You can also get 60% of your daily vitamin C from that one orange, This February thinks red and remember the orange.

## Giving Back: A Service Project

Join us with Amedysis Hospice in making Valentine's Day cards for others in need!

## Rev. Ing's Things

Dear Ones,

As some of you know, I am a children's librarian full-time. We've had great relationships with the local schools in every community I've served. That has afforded me many memorable experiences: receiving pies in my face in Bethel Park, walking on stilts in Sewickley, dressing as Curious George in Homestead, and getting soaked in a dunk tank in Allison Park come to mind right away! Last week I had the following text message exchange with a teacher.

This is the first time I have been asked to throw "kindness confetti!" By the time you read this, I will have had the experience, so I will fill you in on the details in case you are ever asked to do the same!

Truth is, though, we all have the opportunity to throw "kindness confetti" daily, albeit figuratively. Every interaction we have with God's creation requires us to make a choice. Do I blow my horn at the driver who cut me off on 279 North? Or do I just let it go, and assume they really needed to be somewhere in a hurry? Do I thank the gentleman wearing the WWII veteran hat for his service? Or do I just rush on by? Do I stoop down and pick up the trash that someone accidentally dropped or do I just step over it? Similarly, do I assume that the person who dropped the trash was a thoughtless litterbug, or do I give them the benefit of the doubt and imagine they just didn't realize they left their garbage behind them?

In my Sunday School class at East Liberty Presbyterian Church we are reading *Made for Goodness* by the late Archbishop Desmond Tutu and his daughter, the Rev. Mpho Tutu. The book's premise is that we have been created by God for good and that goodness is natural to how we were created. And when we choose good actions that are loving, we are growing into the person God created us to be. When we choose to be disinterested or nasty, we fight our very nature. Such choices hurt those around us and ourselves. In the Bible, Paul asks, "Do you not know that you are temples of the Holy Spirit?" Our bodies are where the Holy Spirit lives! It makes sense then that when we act contrary to what the Holy Spirit empowers us to be, we are miserable. St. Augustine said, "You have made us for Yourself, O Lord, and our hearts are restless until they find their rest in You."

I am so grateful for the "kindness confetti" that I see blowing around here all the time at Fair Oaks! You inspire me to keep the kindness going! Remember that everyone is welcome at Bible Study on Wednesdays at 3:30 pm in the Activities Room and at Chapel on Sundays at 1:30 pm!

Much love,  
Pastor Ingrid

# Town Hall

## *Fair Oaks*



**Town Hall Meeting  
With Rob Zynosky  
and Steve Karns**

**February 7th,  
2023 at  
6:00PM**

Meet with owners Rob Zynosky and Steve Karns to hear updates about the Fair Oaks community and to address any concerns you may have as Family and Friends of Fair Oaks.

RSVP to [liz@fair-oaks.com](mailto:liz@fair-oaks.com)



**Fair Oaks  
Senior Living**

412-344-9915  
2200 West Liberty Ave  
[www.Fair-Oaks.com](http://www.Fair-Oaks.com)

## Kathy's Corner

Hello Everyone,

Thank you all for welcoming me to Fair Oaks this month!

I am excited to meet more of our residents family members and get to know more people in our community.

I look forward to working with everyone at Fair Oaks to move our community forward and have everyone working together to take the best care of our residents possible.

I hope everyone knows that they are free to reach me by calling or emailing me, or simply stopping by my office during the week.

## Liz's Leisure's

Hi Everyone,

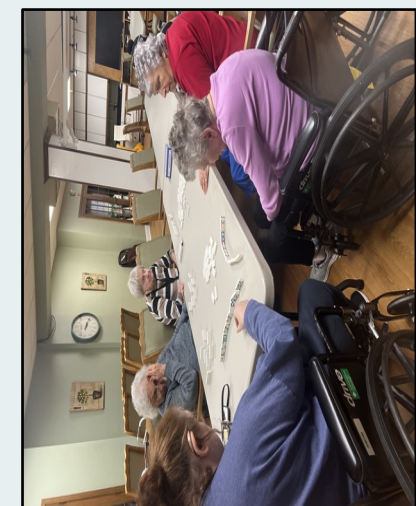
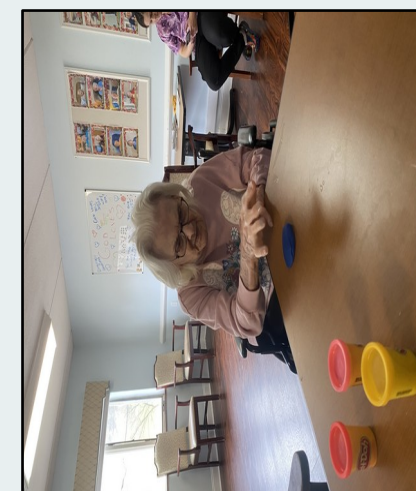
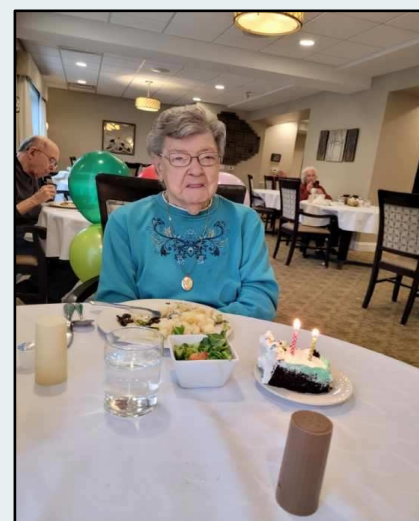
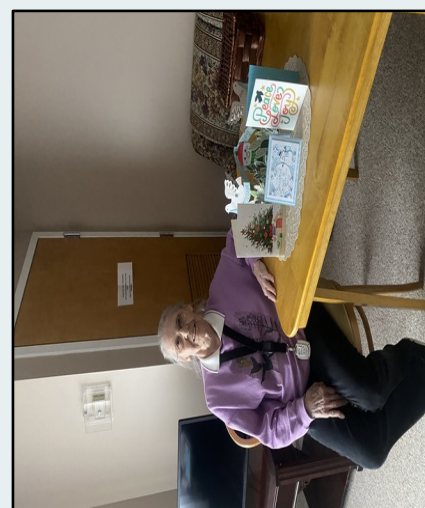
Happy Valentines Day from Fair Oaks!

In this season of showing others we love and care about them, at Fair Oaks we are giving back to those in need! We are pairing with Amedysis to make Valentines Day cards for those who may not have anyone to celebrate with and spread the love we have.

This month we invite our Fair Oaks friends and family members to join us for a Town Hall Meeting, Superbowl Party, as well as our Valentines Day Tea Party!

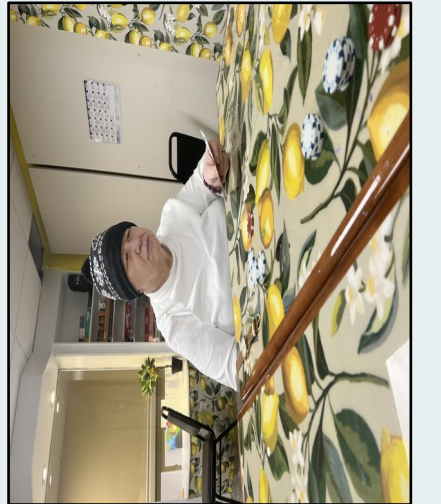
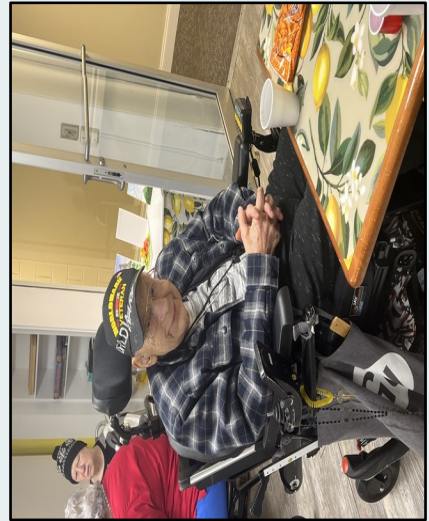
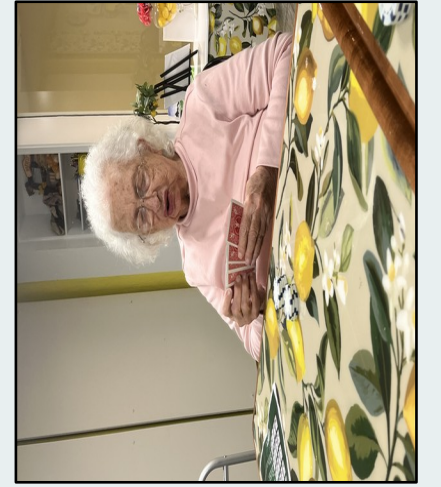
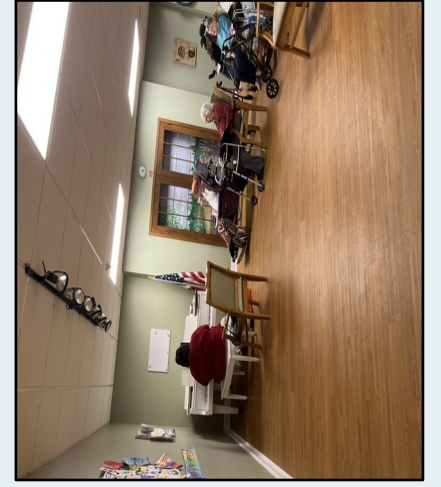


# AROUND FAIR OAKS





# AROUND FAIR OAKS



# AROUND FAIR OAKS



SUN	MON	TUE	WED	THUR	FRI	SAT
			10:00 Music and Motion (AR) <b>1</b> 11:00 Manicures (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR)	<b>Groundhog Day</b> 10:00 Thursday Morning News (AR) <b>2</b> 11:00 Dominoes (AR) 2:00 Sing a Long with Betsy (AR) 6:00 Thursday Night Live with Music (AR)	10:00 Music and Motion (AR) <b>3</b> 11:00 UNO (LLL) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Volleyball (AR) <b>4</b> 2:00 Jewelry (AR) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) <b>5</b> 1:30 Chapel Service (CH) 2:00 Crazy Bingo (AR)	10:00 Music and Motion (AR) <b>6</b> 11:00 Valentine's Day Craft (LLL) 12:00 Lunchtime Show with John Sarkis (DR) 1:30 Rosary (CH) 2:00 BINGO (AR)	11:00 Resident Round Table (AR) <b>7</b> 1:30 Giving Back: Service Project (LLL) 3:30 Happy Hour (LLL) 6:00 Town Hall Meeting (AR)	10:00 Music and Motion (AR) <b>8</b> 11:00 Card Games: Rummy (LLL) 2:00 BINGO (AR) 3:30 Bible Study (AR)	12:00 Rivers Casino Outing <b>9</b> 2:00 Sing a Long with Betsy (AR) 6:00 Thursday Night Live with Music (AR)	10:00 Music and Motion (AR) <b>10</b> 11:00 Manicures (AR) 1:30 Mass with Father Bachner (CH) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Valentine's Day Craft (LLL) <b>11</b> 2:00 Wii Games: Bowling (AR) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) <b>12</b> 1:30 Chapel Service (CH) 2:00 Painting (LLL) 6:00 Superbowl Party (AR)	10:00 Music and Motion (AR) <b>13</b> 11:00 Dominoes (AR) 1:30 Rosary (CH) 2:00 BINGO (AR)	<b>Valentine's Day</b> 11:00 Valentine's Day Craft (LLL) <b>14</b> 2:00 Valentine's Day Tea Party (AR)	10:00 Music and Motion (AR) <b>15</b> 11:00 Board Games: Yahtzee (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR)	11:00 Lunch Outing: Armstrong's <b>16</b> 2:00 Sing a Long with Betsy (AR) 6:00 Thursday Night Live with Music (AR)	10:00 Music and Motion (AR) <b>17</b> 11:00 Day at the Races (AR) 1:30 Monthly Food Meeting (LLL) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Board Games: Monopoly (AR) <b>18</b> 2:00 Painting (LLL) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) <b>19</b> 1:30 Chapel Service (CH) 2:00 Crazy Bingo (AR)	<b>President's Day</b> 10:00 Music and Motion (AR) <b>20</b> 11:00 Scrabble (AR) 12:00 Lunchtime show with Tracy Lee (DR) 1:30 Rosary (CH) 2:00 BINGO (AR)	11:00 Jigsaw Puzzle (LLL) <b>21</b> 2:00 Mini Horse (AR) 3:30 Happy Hour (LLL)	10:00 Music and Motion (AR) <b>22</b> 11:00 Cornhole (AR) 2:00 BINGO (AR) 3:30 Bible Study (AR)	10:00 Thursday Morning News (AR) <b>23</b> 11:00 Manicures (AR) 2:00 Sing a Long with Betsy (AR) 6:00 Thursday Night Live with Music (AR)	10:00 Music and Motion (AR) <b>24</b> 11:00 Grief Group (AR) 1:30 Mass with Father Bachner (CH) 2:00 BINGO (AR) 3:30 Land Girls: TV Series (AR)	11:00 Dominoes (AR) <b>25</b> 2:00 Coloring (LLL) 3:00 Matinee (AR)
11:30 Catholic Communion (CH) <b>26</b> 1:30 Chapel Service (CH) 2:00 Trivia (AR)	10:00 Music and Motion (AR) <b>27</b> 11:00 Card Games: Spoons (LLL) 1:30 Rosary (CH) 2:00 BINGO (AR)	11:00 Poker Game (LLL) <b>28</b> 2:00 Monthly Birthday Party (AR) 3:30 Happy Hour (LLL)	<b>LOCATION KEY</b> AR - Activity Room CH - Chapel DR - Dining Room LLL - Lazy Lemon Lounge			

# February 2023

Fair Oaks

